

# Allied Health Professionals, Foot Care and Footwear — Happy Feet, Happy Face

## Allied Health Professionals, Foot Care and Footwear

At Happy Feet Pedorthics, we assess, fit and modify footwear for people with health conditions including:

- Amputations
- Arthritis
- Back pain
- Bunions
- Cerebral palsy
- Charcot-Marie Tooth disease
- Charcot's deformity
- Club feet
- Corns & calluses
- Diabetes
- Down's Syndrome
- Drop foot
- Dupuytren's contracture / disease
- Dwarfism
- Fibromyalgia
- Freiberg's disease
- Ganglions
- Gout
- Incontinence
- Leg length difference
- Leg prosthesis
- Limited mobility
- Lymphoedema
- Marfan's syndrome
- Morton's neuroma
- Multiple sclerosis
- Muscular dystrophy
- Neurofibromatosis
- Neuropathy
- Non-verbal communication skills
- Obesity
- Oedema
- Paget's disease
- Paraplegia
- Parkinson's disease
- Pes cavus
- Pes planus
- Plantar fasciitis
- Post-polio syndrome
- Scleroderma
- Toe walking
- Ulcers
- Vascular disease

## Our Clients

We help:

- **Aged care clients** – falls prevention, walking, incontinence and foot protection
- **Children**
- **People who need shoes to fit orthotics** (and other devices) either now or in the future
- **Rehabilitation clients** – post trauma, post surgery and return to work after injury

## Approved Provider

Happy Feet is an approved provider for the following programs:

- Case management
- Department of Veteran Affairs
- Government subsidies, SWEP (VIC) and ENABLE (NSW)
- Health funds
- TAC
- WorkCover

## Therapy for the feet

As an Allied Health professional, you know better than most that many feet work and play in less than ideal shoes! Even on quiet days, feet endure enormous stress as they lengthen and broaden naturally through the gait cycle, changing size and shape with each movement – elongating, spreading and contracting with every step. And then foot pathology and disease can impact these 'normal' movements...

At Happy Feet Pedorthics, our job is to complement your work by caring for feet through appropriate footwear. As we like to say: happy feet, happy face.

## What does foot therapy do?

As practiced from many allied health perspectives, foot therapy aims to restore function, reduce pain, prevent further damage and improve mobility. Playing an important role in encasing the foot, shoes have two basic purposes: protection and performance.

At Happy Feet Pedorthics, we can team with you to create the link between your patient/client and their footwear by working from a prescription, referral or recommendation to achieve positive health outcomes.

## Modifying footwear

At Happy Feet Pedorthics, we can make a range of shoe modifications including:

- Leg length difference (LLD) raises
- Flares/buttresses
- Metatarsal domes and bars
- Rocker soles
- Velcro conversions including conversion to long opening shoes
- Relasting
- Off-loading into the footwear's sole
- Remaking toplines

## Looking after your clients

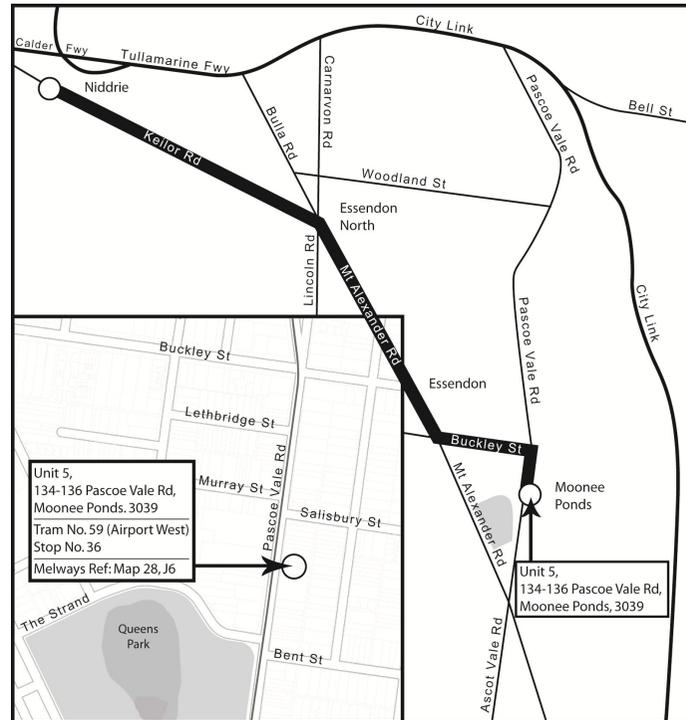
Our priority is to offer your clients sympathetic care by understanding their health and related footwear needs. So you can be confident in our:

- **knowledge** of foot pathology and how it impacts footwear selection
- **expertise** in correctly fitting the most appropriate footwear
- **commitment** to working with Allied Health professionals for the best possible outcome

## How We Help

1. We assess your feet, measuring both each time you visit and make a purchase. This is because, over time, your feet can change.
2. It's normal to have two different sized feet, so we fit the largest foot first and make any modifications needed to then fit the smaller one. We can also provide two different shoe sizes.
3. We select shoes that match your feet's length and shape because sizing systems aren't standard.
4. We show you how to wear your shoes comfortably.
5. We can fit orthotics and other inserts into your shoes.
6. Our experienced team helps you choose shoes that match your activity.

## Where to find us



## Opening Hours

Monday to Friday, 9am to 5pm  
One Saturday per month by appointment  
Other times by request  
Appointments DEFINITELY preferred  
Home visits available – fee applies  
Laybys welcome

Rebates, government subsidies and claims including TAC, DVA and WorkCover may apply

## Accreditations

Member, Australian Pedorthic Medical Grade Footwear Association (APMGFA)  
Clare Nelson, Certified Medical Grade Footwear Practitioner Number 2515

## What is a Pedorthist?

A Pedorthist assesses and fits clients for medical footwear, modifications and/or orthotic devices. This can include prefabricated and cast custom footwear.

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GIVE SORE FEET THE BOOT

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 Happy Feet Pedorthics

 clare-nelson

## Regular Clinics

Wagga Wagga, Wodonga  
Wonthaggi – Bass Coast